

## PREFACE

Spiritual warfare is not a side topic for the spiritually elite. It is the daily reality of every single Christian. Whether we recognise it or not, we are engaged in a battle that is unseen, but very real. It touches our minds, our relationships, our decisions, and our sense of identity in Christ.

In many years of pastoral ministry, I've witnessed two extremes that often hinder believers. One is denial—treating Satan and his schemes as totally irrelevant in the modern world. The other is obsession—attributing every hardship to demonic activity and living in fear. Both distort the truth and disarm God's people.

This book is written to provide a thorough, biblical and balanced understanding of spiritual warfare. It's not a manual for experts or a collection of dramatic stories. It's a call to wake up—not with panic, but with clarity. To recognise the battle for what it is. To understand our enemy, our authority in Christ, and the spiritual weapons which are at our disposal.

Each chapter concludes with the question: *'How then shall I live?'* Because this is not just a topic to explore – it is a life to live. A life of resistance and rest. A life of discernment and peace and Spirit-empowered confidence rooted in the finished work of Jesus.

If you feel overwhelmed, confused, or ill-equipped, take heart. You are not alone. You are not without help. And you are not without hope. Always remember, the One who is in you, is greater than the one who is in the world.

Let's stand firm—together.

*Robert Griffith*